



APRIL 2025



STAFF

Carie Dick, Director
 Dana Reckelhoff, Community Engagement Coordinator
 Kaci Wehr, OAC Activities Coordinator
 Bibiana Green-OAC Activities Assistant
 Renée Clesi, Receptionist



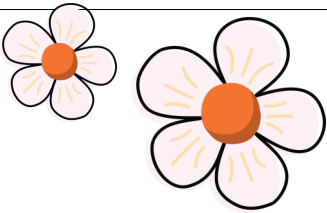
ARNOLD F. HABIG COMMUNITY CENTER

ACTIVITIES FOR 55+

1301 St. Charles Street, Jasper, IN 47546
 812-482-4455 • www.jasperindiana.gov

Facebook: Jasper Park and Recreation Department

Hours: Monday-Friday, 8:00am-4:00pm

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|--|-----------|
| | | 1 7:30am Casino Sign-up by phone 12:00 BINGO | 2 8:45 Chair Yoga 9am-3pm tax appointments 9:45 Yoga 12:30 Phase 10 | 3 8:45 Golden Go 9:45 Senior Strong 12:30 Cinch Tourney | 4 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Senior practice 12:30 Hand & Foot 3:00 RSVP due for Catered meal 3:00 Money due for Derby Dinner | 5 |
| 6 CENTER CLOSED | 7 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00pm-Line dancing pay at the door | 8 12:30 Scrabble 12:30 Skip-Bo | 9 8:45 Chair Yoga 9am-3pm tax appointments 9:45 Yoga 12:30 Texas Hold'em | 10 8:45 Golden Go 9:45 Senior Strong 12:30 Rum Tourney | 11 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Seniors at Brookside Village 12:30 Pay Me | 12 |
| 13 CENTER CLOSED | 14 8:45 Golden Go 9:45 Senior Strong No Chair Yoga 6:00pm-Line dancing pay at the door | 15 12:00 BINGO | 16 8:45 Chair Yoga 9:45 Yoga 12:30 Tripoley 3:00 Money due for casino | 17 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 12:30 Euchre Tourney | 18 CENTER CLOSED  | 19 |
| 20 CENTER CLOSED  | 21 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 12:30 Texas Hold'em 6:00pm-Line dancing pay at the door | 22 12:00 Catered meal 12:30 Scrabble | 23 8:45 Chair Yoga 9:00 Free tech assistance 9:45 Yoga 12:30 Pay Me | 24 8:45 Golden Go 9:45 Senior Strong 12:30 Hand & Foot | 25 9:00 Floor Yoga 10:00 Chair Yoga 10:00 Singing Senior practice 12:30 Horse Racing | 26 |
| 27 CENTER CLOSED | 29 8:45 Golden Go 9:45 Senior Strong 11:00 Chair Yoga 6:00pm-Line dancing pay at the door | 29 12:00 BINGO | 30 8:45 Chair Yoga 9:00 Free tech assistance 9:00 Leave Schroeder for Owensboro Casino 9:45 Yoga | |  | |

CENTER HOURS

Monday—Friday
8:00am-4:00pm

Please utilize the banquet room entry door to sign-in. If you are coming to use the exercise room, please sign in the book to help us track numbers.

We kindly request you do not rearrange tables.

If you are not feeling well—please STAY home.

Please be aware that our calendar is subject to change at a moment's notice. We will share via local news and Facebook under the Jasper Park and Recreation Department page under recent news.



If there are parking spots available, please do not park in the grass.



BOOKS & PUZZLES

We have a great selection of books (Habig Room) and puzzles (Computer Room) to borrow. Please return to the shelf when done. *Your generous donations have filled our shelves! We are unable to take donations at this time.*

EXERCISE ROOM

Available Monday—Friday from 8am-4pm. Please be considerate by wiping your machine following use.



WALKING

The mulched, outside walking trail is open (1 lap = 1/3 mile). The banquet room is open for walking outside of exercise class times (25 laps = 1 mile).

ALSO AVAILABLE

- **CARD TABLES:** Available for individual groups
- **Computers/ Wi-Fi:** Available for personal use except Wednesdays thru tax season.
- **POOL, PING PONG AND BUMPER POOL TABLES:** Open in the card room downstairs. They are not available Monday mornings, Thursday afternoons or Friday mornings.
- **TECHNOLOGY ASSISTANCE:** Ryan will be available on Wednesdays from 9-10:30am. **This will resume April 23rd.**



Bingo is played in the banquet room. Cost is \$1.00 per card plus \$0.50 for two special games. We will begin collecting money at 11:30am.

We ask you to keep bills to \$5 and under. We pay out 100% and do not have change. Please bring a sweater as it may be chilly. Car pool as much as possible.

CARD TOURNEYS

*Please sign-up by **10:00am** the morning of the tourney.

CINCH April 3rd

RUM April 10th

EUCHRE April 17th

Tourneys begin at 12:30pm in the basement card room. Entry fee is \$1.00. All money is distributed to 1st, 2nd & 3rd place.

CATERED MEAL

Join us on **Tuesday, April 22nd at 12:00pm** as Sander Catering will prepare 1 1/4" pork chop, cheesy potato casserole, tossed salad, baked beans, broccoli/cauliflower with cheese and sliced bread. Unsweet tea or water will be available. Cost is \$10.00 and will be collected at the door. **Reservations are due by 3pm on Friday, April 4th. Late reservations cannot be guaranteed, caterers require a head count 2 weeks prior.**



*If you made a reservation and cannot attend, we ask that you find a replacement or pay for your meal if it is after the RSVP deadline. We can make a "to go" if needed. To Go orders are made after everyone goes through line. ***Please carpool as much as possible, as parking is limited.***

GAMES

*Please sign-up by **10:00am** the day you plan to play. We welcome new players!

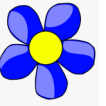
- **DOMINOES:** The Mexican Train version will be played.
- **HAND AND FOOT:** A two-handed game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck.
- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers.
- **HORSE RACING:** A simple card game of luck and fun! \$1.00 to enter and played with chips. Winner receives the entry fees.
- **PHASE-10:** Complete all ten phases of this fun and easy-to-learn card game before your opponents.
- **RUMMIKUB:** An enjoyable game described as a mix of Mah Jongg and Rummy.
- **SKIP-BO:** Play all the cards in your stock pile first to win the game, and earn points for winning.
- **SKYJO:** This is a simple, fun game to learn and play. Flip and exchange your cards to try to collect the least amount of points.
- **TRIOLEY:** This fun game is a mix of Hearts, Poker, and Michigan Rummy.
- **TEXAS HOLD'EM:** Who will have the lucky hand? A \$1.00 charge to play, and the winner receives the entry fees!
- **SEQUENCE:** Use cards to place markers and connect a series of matching straight lines on the board or sequences!
- **SEVENS:** A fun card game that incorporates domino style play!

EXERCISE CLASSES

- **CHAIR YOGA:** All are welcome in this gentle yoga class. We practice poses seated in a chair and standing. It provides an opportunity to build muscular endurance and increase flexibility in a calming, peaceful manner.
- **YOGA & YOGA FLOW:** In this beginner-style yoga class, we practice poses while lying down, standing, and seated on the floor. It provides an opportunity to build strength and endurance, enhance flexibility and balance and promote relaxation. *Please bring your yoga mat. 
- **GOLDEN GO:** This class is designed to offer a mixture of lower level chair exercises to specifically support strength, flexibility, and balance. 
- **SENIOR STRONG:** For more of a challenge, this class consists of low impact aerobics and resistance exercises to boost heart health and improve strength and endurance.
- **BANDS & FLOW:** This class will utilize exercise bands and body weight strength exercises. Yoga poses will flow into the session, as the focus will be placed on muscular endurance, flexibility, and balance. *Exercises will be conducted standing or in a chair (no floor exercises).

MONTHLY RECIPE

Rhubarb Sticky Buns



Ingredients

1/4 cup cold butter, cubed
1/2 cup packed brown sugar
1 cup chopped fresh or frozen rhubarb, thawed

BATTER:

1/3 cup butter, softened
1/3 cup sugar
1 large egg, room temperature
1-1/2 cups all-purpose flour
2 teaspoons baking powder
1/2 teaspoon salt
1/4 teaspoon ground nutmeg
1/2 cup milk

Directions

In a small bowl, cut butter into brown sugar until crumbly. Stir in rhubarb. Spoon evenly into 12 well-greased muffin cups; set aside. In a large bowl, cream butter and sugar until light and fluffy. Beat in egg. Combine the flour, baking powder, salt and nutmeg; add to creamed mixture alternately with milk and mix well. Spoon over rhubarb mixture, filling cups three-fourths full. Bake at 350° until a toothpick comes out clean, 15-20 minutes. Cool for 5 minutes before inverting onto a serving plate. Serve warm.

TRIPS

ALL TRIPS AND ACTIVITIES ARE FOR DUBOIS COUNTY RESIDENTS AGE 55 AND OLDER.

- When signing up for trips, only four individuals per sign-up.
- There is a \$25.00 charge for all returned checks.
- We cannot guarantee a refund if you must cancel your reservation.
- All trips will leave from the Schroeder Soccer Complex near IGA in Jasper. Please park in the far east side of the lot. (closest to Clay Street/ football field).

Wednesday April 30th

Owensboro Casino-

It's a fast turn around but I was finally able to make contact with an actual person in Owensboro! We will be taking 1 bus at this time. **Sign ups will be on Tuesday, April 1st starting at 7:30am.** Cost is \$25.00 and will be due by 3pm Wednesday April 16th. We will leave Schroeder Soccer Complex at 9am Eastern time and leave Owensboro at 2pm Eastern. We will return at 3pm. Lunch will be on your own at one of the restaurants on site. Once on site, you can check in at the kiosk for free slot play. They do not require any information prior. If we receive positive feedback from this trip we will add it to future trips and decide if we want to stay longer!

Wednesday, May 14th

Derby Dinner Playhouse—Singing in the Rain. *“Set in Hollywood in the 1920’s, this light hearted and romantic MGM classic is filled with show-stomping dance numbers and memorable music.”* We will leave the Schroeder Soccer Complex at 9:45am and return to Jasper by 5:30pm . Cost is \$70 for meal/show and transportation. Money is due by Friday, April 4th. Tip for the bus driver will be on your own.

We still have a few seats to fill bus 2 if you'd like to sign up!

TAX FILING ASSISTANCE

All appointment times are filled.

REMINDER:

The 2 upstairs card rooms will not be available on Wednesdays until April 16th.



SINGING SENIORS



Practice on Friday mornings at 10am and visit area nursing homes to sing for the residents. If you'd like to join, stop by a practice and meet with them! They will be at **Brookside Village on Friday, April 11th at 10am.**

Group Fitness Classes

Looking for additional exercise classes? Some are being held in the basement of the Habig Center! For more information including cost, contact Jill Wigand with Fit Together at 812-309-1879 or check out her Facebook page!



Line Dancing

Jill Wigand will continue to offer line dancing classes in the banquet room on Monday nights. Beginners class is 6:00pm-6:30pm and intermediate 6:30pm-7:30pm. Cost is \$10.00 per class payable that night.