

**AVAILABLE DAILY  
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Spring scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER  
JUNE, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



**REGULAR SCHEDULED ACTIVITIES**

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



- June 3rd - Decal Tiles & China**
- June 10th - Pour Ceramic Molds**
- June 17th - Clean & Fire Green Ware**
- June 24th - Acrylic Paint Items**

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Scenic Hills in Ferdinand at 10 a.m. on Friday, June 20th.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, June 3rd & 17th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. **\*\*\*You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, June 3rd & 17th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

## CARD TOURNEYS



- **Thursday, June 5th**  
Cinch Tourney
- **Thursday, June 12th**  
Sheephead Tourney
- **Thursday, June 19th**  
Rum Tourney
- **Thursday, June 26th**  
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, June 9th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m.** the day of the game.
- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Monday, June 2nd and Wednesday the 18th.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**
- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Friday, June 13th and Monday the 23rd.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**



## RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Tuesday, June 10th & Wednesday the 25th.** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.
- **SCRABBLE:** How about a little challenge? Come in and play Scrabble at **12:30 p.m. on Tuesdays, June 10th & 24th.** **Please sign-up by 10 a.m. game day** if you plan to attend.
- **PHASE-10:** Will be played on **Wednesday, June 4th and Friday the 27th at 12:30 p.m.** It is a fun easy card game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.
- **HEARTS:** Is a fun group game we will play **on Fridays June 6th and 20th and Tuesday the 24th at 12:30 p.m.** We play a quarter a game with low score winning. **Call in by 10 a.m.** if you will be able to come in to play.



### \*\*\*SPECIAL ACTIVITIES\*\*\*

- **BOOK CLUB:** Will meet **Thursday, June 12th at 12:30 p.m.** to discuss, “The Lady of the River” by **Philippa Gregory.** The book selection for **July** is, “The Book Thief”, by **Marcus Zusak.** This book is an unforgettable story about the ability of books to feed the soul.



- **BOOMERAMA:** **Monday, June 16th at 12 p.m.** Becky Beckman will be the presenter. The topic is, **The Top 11 Benefits of Drinking Water.** The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, June 13th.**



- **LUNCH BUNCH:** Will meet at **Fazoli's Wednesday, June 18th at 11 a.m.** In addition to the regular menu they have a senior menu available. We always go “dutch treat”. Come enjoy good food and visit with old friends & make new ones! **Please make your reservations by 3 p.m. Friday, June 13th.**



- **CATERED MEAL:** Mark your calendar for **Monday, June 30th at 12 p.m.** and join us for a meal of: ¼ BBQ chicken, potato casserole, corn, california blend with cheese on the side, sweet and sour lettuce, bread & drink, catered by Barnyard Bar-B-Q. Cost of the meal is \$8.75 per person. **Please make your reservations by 3 p.m. Thursday, June 19th.**



## RAINBOW MESSENGER

June, 2014

- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know)** New players are always welcome.

- **It's Back!! Water Aerobics** at the Jasper Municipal Pool every **Monday & Wednesday mornings at 11 a.m. The cost of the 45 minute class is \$4.00 per person, or a swim ticket.**



**\*\*\* CHANGE \*\*\***  
**IN DEPARTURE LOCATION**  
**During the months of June and July our monthly trips will leave from the Jasper High School southwest parking lot.**



## JUNE

### Horseshoe Casino



Leave **Jasper High School Southwest parking lot** on **Wednesday, June 11th. At 9 a.m. picking up in Huntingburg at 9:15 and Ferdinand at 9:30.** Be sure to have a valid government issued I.D. with you in case you win big!!!



## JULY

### Patti's and Badgett's



The bus will leave from the **Jasper High School parking lot at 8 a.m. Friday, July 25th** for Grand Rivers, Kentucky. Upon arrival we will enjoy a delicious meal at Patti's then attend "The Outlaws of Country Music" show at Badgett's Playhouse. **Cost of the trip is \$90.00** and includes: transportation, meal including tip and show ticket. **Sign-up by phone anytime after 7:30 a.m. Thursday, June 5th. Money is due by 3 p.m. Friday, June 20th.** Rest stops will be made on the way over and back.



### **Mark your calendar!**

## AUGUST

A trip to Ellis Park is scheduled for **Friday, August 29th.** Details will be in the July newsletter.



## SEPTEMBER

A trip to Derby Dinner Theater is scheduled for **Wednesday, September 10th** to see, **"Church Basement Ladies A Mighty Fortress"**

## RAINBOW MESSENGER


- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.

- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

### \*\*\*WORTHWHILE PROJECT\*\*\*

-  \*\*\*\*\* If anyone would have yarn they are not using or leftovers from a completed project we have a very good use for it. Seniors are making little blankets for premature babies who are born too early to survive. Bring it in to the center or call 482-4455 and we will find a way to pick it up. **Thank you!!!**

# HAPPY BIRTHDAY



## JUNE

4th	Donna Vogler
8th	Susie Stemle
9th	Priscilla Starkey
12th	Cheryl Trambaugh
15th	Linda Klem
15th	Henrietta Buechler
16th	Rosie Wiesehan
22nd	Ruth Kuebler
23rd	Emily Platt
23rd	Martha Howard
24th	Irene Dipple
29th	Helen Schroeder

# Anniversaries



## JUNE

2nd	Bernie & Donna Vogler - <b>50th</b>
18th	Brian & Susie McKee
22nd	Arthur & Connie Welp
27th	Cletus & Joan Knies

## Recipe Exchange



### Vegetable Pasta Salad

#### Ingredients:

12 oz. rotini pasta cooked & drained  
6 green onions thinly sliced  
2 small zucchini, thinly sliced  
1 cup broccoli cut small  
1 cup cauliflower cut small  
1 cup thinly sliced celery  
½ cup frozen peas, thawed  
1½ cups thinly sliced carrots, parboiled  
1 can (2¼ oz.) sliced ripe olives, drained  
1 jar (6 oz.) marinated artichoke hearts, drained & quartered

Can use frozen veggies just thaw and drain

#### Dressing:

½ cup mayonnaise  
½ cup bottled Italian salad dressing  
½ cup sour cream  
1 tablespoon prepared mustard  
½ teaspoon dried Italian seasoning  
In a large bowl, combine pasta, onions, zucchini, broccoli & cauliflower, carrots, celery, peas, olives & artichoke hearts.  
In a small bowl, combine dressing ingredients; mix well. Pour over pasta and vegetables and toss. Cover and refrigerate for at least 1 hour.

Submitted from Taste of Home Magazine