

**AVAILABLE DAILY  
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful winter scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER  
JANUARY, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



**REGULAR SCHEDULED ACTIVITIES**

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends. Happy Holidays! We hope you will join us in the New Year!



- January 7th - **NO CLASS**
- January 14th - **Decoupage Class**
- January 21st - **Southwest Ceramics**
- January 28th - **Glass Bead Jewellery**

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **The Timbers in Jasper at 10 a.m. on Friday January 17th.**



- **BINGO:** Will be played at 12 p.m. **Tuesdays, January 7th & 21st.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. **\*\*\*You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at 11:15 a.m. on Tuesdays, January 7th & 21st.



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **WALK FIT VIDEO:** Come in at 9:45 a.m. on **Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.



## CARD TOURNEYS



- **Thursday, January 2nd**  
**Cinch Tourney**
- **Thursday, January 9th**  
**Sheephead Tourney**
- **Thursday, January 16th**  
**Rum Tourney**
- **Thursday, January 23rd**  
**Euchre Tourney**
- **Thursday, January 30th**  
**Rum Tourney**

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, January 13th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 3 p.m. Friday, January 10th.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesdays, January 8th & 29th and Friday the 17th.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning the game. Please call in by 10 a.m. if you are coming in to play.

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Fridays, January 3rd & 24th and Wednesday the 15th.** Bring your change, we play for 10 cents a round and 25 cents a game. Please let us know by 10 a.m. if you are coming in to play.

## RAINBOW MESSENGER

- **TRIPOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Mondays, January 6th & 27th** We have a lot of fun! Please call in by 10 a.m. game day if you would like to play.

- **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m. on Tuesdays January 14th & 28th.** We have a lot of fun! Please sign-up by 10 a.m. game day if you plan to attend.

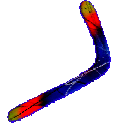
- **PHASE-10:** Will be played on **Fridays, January 10 & 31st & Wednesday the 22nd at 12:30 p.m.** It is a fun easy card game. Please call in by 10:00 a.m. the day of the game if you would like to give it a try.

### **\*\*\*SPECIAL ACTIVITIES\*\*\***

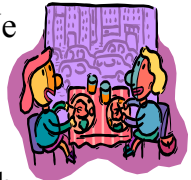
- **BOOK CLUB:** Will meet **Thursday, January 9th at 12:30 p.m.** The group will be discussing **“The Sandcastle Girls by Chris Bohjalian. February’s book is “A Disobedient Girl” by Ru Freeman.** The book is set during a time of civil unrest in Sri Lankan. It is narrated by two women but is not their story in particular. It is a story of human nature and the desire to be free and in control of your own destiny. New members are always welcome.



- **BOOMERAMA:** **Monday, January 20th at 12 p.m.** Susan Oeding with Memorial Hospital & Health Care will give a presentation on **Lifeline.** The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, January 17th.**



- **LUNCH BUNCH:** We invite you to join us at **Denny’s on Wednesday, January 22nd at 11 a.m.** We always go “dutch treat”. Come enjoy good food and visit with old friends & make new ones! Please make your **reservations by 3 p.m. Tuesday, January 14th.**



- **CARRY-IN:** will be held **Tuesday, January 28th at 12 p.m.** Fried chicken will be provided and each person is asked to bring a covered dish. Cost of the meal will be \$3.50 for the chicken, drink and table service. Please make your **reservations by 3 p.m. Thursday, January 23rd.**

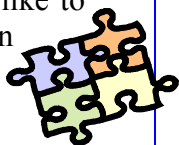


RAINBOW MESSENGER  
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- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.

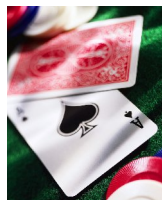


- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a “hand”. Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 1 p.m. and Fridays at 8:30 a.m.** New players are always welcome.

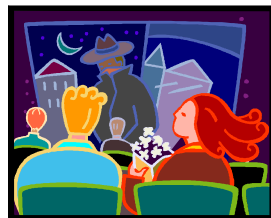
- **LESSONS:** Is there anyone interested in learning Sheephead or Cinch? If you would like to learn one of these games call in and let us know. We will try to find teachers if there is interest.



**MOVIE:** Join us for the movie “The Impossible” to be shown in the Banquet Room at 12:30 on



**Tuesday, January 14th.** The movie is about a family that was vacationing in Thailand when the earthquake caused the Tsunami. It is based on their true life experience. Refreshments will be provided so please call in and **sign up by 10 a.m. the day of the movie** if you are coming in to watch it.



**Thought for the month:**

**Always keep your words sweet, in case you have to eat them!**

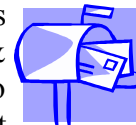


**Center Closed for Holidays**

**Tuesday & Wednesday  
December 31st & January 1st  
We look forward to seeing you  
in 2014!**

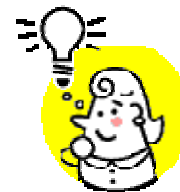
**\*\*\* 2014 NEWSLETTER\*\*\***

It is time to sign-up to have the 2014 Rainbow Messenger mailed to you each month. The fee for the entire year is \$7.00. Make checks payable to Older American Center & include your address. The newsletter is available free for you to pick up at the Center in Jasper, Huntingburg's Senior Center, Meadowood & Ferdinand's Center. Also available online at [www.jasperindiana.gov](http://www.jasperindiana.gov).



**SUGGESTIONS**

Do you have ideas for activities or trips for 2014? Please let the staff at The Center know. We are starting to plan the calendar and could use your ideas. Thanks for your help!



- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

- **MILL VOLUNTEERS NEEDED:** The Mill is looking for individuals to greet customers and sell souvenirs. If you are interested in volunteering on Saturdays or Sundays, please call the Park & Rec. office at 482-5959.



- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

# HAPPY BIRTHDAY

## JANUARY

- 2<sup>nd</sup> Pat Ward
- 5<sup>th</sup> Connie Schmitt
- 6<sup>th</sup> Ida Mae Welp
- 14<sup>th</sup> Nora McCarty
- 14<sup>th</sup> Lucille Kuebler
- 14<sup>th</sup> Deanna Lindsay
- 15<sup>th</sup> Alene Frank
- 20<sup>th</sup> Ardie Colburn
- 22<sup>nd</sup> Conley Letterman
- 24<sup>th</sup> Cathy Buechlein
- 25<sup>th</sup> Charlie Blessinger, Sr.
- 29<sup>th</sup> Donna Koval
- 30<sup>th</sup> Emil Krodel



# Anniversaries

## JANUARY

- 12<sup>th</sup> Tom & Linda Foisy



## WINTER CLOSINGS

**In case of inclement weather, please listen to radio stations WITZ and WBDC for cancellations and/or rescheduling.**

## Recipe Exchange

### Easy Coconut Macaroons

#### Ingredients:

6 - cups coconut

1 - can Eagle Brand Condensed milk

1 - teaspoon vanilla

Maraschino cherries halved (optional)



**Directions:** Mix ingredients together and drop by teaspoon on well greased cookie sheet. Bake at 350° for 10-12 minutes or until lightly browned. Remove cookies from cookie sheet right away and cool on wire rack. (Optional, press center of cookie lightly & place 1/2 a maraschino cherry in center before baking.)



Submitted by: Kris Hochmeister

Have a good recipe to share? We would be happy to publish it.